

Restoring Destiny Mental Health Services

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www.restoringdestinymentalhealthservices.org

Client Acknowledgment of Services and Referral Policy

Restoring Destiny Mental Health Services (RDMHS) provides outpatient counseling (talk therapy) for adults age 18 and older. We want you to get the care that best fits your needs. If you require services we do not provide, we will help connect you with trusted resources in the community.

Who We Do Not Serve

- Children and teens under 18.
- People needing 24-hour hospital care.
- People planning to hurt themselves or others.
- People needing medical detox or withdrawal care.
- People ordered by a court for evaluations.
- People needing memory or psychological testing.
- People under the influence of drugs or alcohol during sessions.

What To Do in an Emergency

- Call 988 (Suicide & Crisis Lifeline).
- Call 911 or go to the nearest hospital.

Your Acknowledgment

By signing, I understand:

1. RDMHS provides outpatient counseling for adults age 18+ only.
2. RDMHS does not provide emergency or hospital-level care.
3. If I need a higher level of care, I may be referred elsewhere.
4. I have received the referral list included in my intake packet.
5. I know what to do in a crisis (call 988 or 911).

Client Information

Name (print): _____ Date: _____

Signature: _____ Date: _____

Staff

Signature: _____ Date: _____