

Restoring Destiny Mental Health Services
443-282-8146 | restoringdestinymentalhealth@gmail.com
www.restoringdestinymentalhealthservices.org

Referral Resource List – Baltimore Metro Area

Level / Type	Facility / Program	Notes / Services	Contact Info
Inpatient Psychiatry	UMMC Midtown Campus	24-hr psychiatric stabilization, inpatient care	(410) 328-6231
Inpatient Psychiatry	Johns Hopkins Hospital	Specialty inpatient units (mood, psychosis, etc.)	(410) 955-5104
Inpatient/Crisis	Sheppard Pratt	Voluntary admissions, urgent care programs	(410) 938-5302
Day Hospital / PHP	Sheppard Pratt Day Hospital	Mood Disorders, Thought Disorders PHPs	(410) 938-5302
Addiction Treatment	Hopkins Broadway Center	Outpatient, IOP, detox, opioid maintenance	(410) 955-5439
Substance Use	Powell Recovery Center	Residential & outpatient, 'treatment on demand'	(410) 276-1773
Urgent Care	Sheppard Pratt Urgent Care	Walk-in psychiatric evaluation, stabilization	(410) 938-5302
Crisis / Helpline	Baltimore City Health Dept	24/7 crisis line, opioid & addiction support	Dial 988
County Services	Baltimore Co. Health Dept	Coordinates county treatment & referrals	Use Health Dept portal

Referral List – Last Updated: September 25, 2025

Restoring Destiny Mental Health Services

Referral Resources for Children & Adolescents

We serve adults 18+. For children and teens, here are trusted resources in Baltimore.

Child & Adolescent Mental Health Resources

- Kennedy Krieger Institute – Child & Family Therapy (443-923-9400)
- Johns Hopkins Child & Adolescent Psychiatry (410-955-1921)
- Sheppard Pratt – Child & Adolescent Services (410-938-5302)
- University of Maryland Medical Center – Child Psychiatry (410-328-6231)
- Villa Maria Behavioral Health – Catholic Charities (667-600-3100)

This list is provided for informational purposes. Please call programs directly to confirm availability.